



## Capabilities Statement

Helen Agresti, Founder

email: [eatreal@befreebar.com](mailto:eatreal@befreebar.com)

website: [www.befreebar.com](http://www.befreebar.com)

phone: 814-881-8483

## Core Competencies

Be Free Bar is dedicated to crafting high-quality protein snack bars using real, nutrient-dense ingredients. Our bars are designed for health-conscious consumers and provide sustained energy without artificial or inflammatory additives.

- **Nutrient-Dense & Clean Ingredients** – Free from artificial sweeteners, sugar alcohols, emulsifiers, gums, and dyes.
- **Convenient & Wholesome Nutrition** – A balanced, on-the-go snack ideal for busy professionals, students, fitness enthusiasts, and outdoor adventurers.
- **Plant-Based Protein** – Naturally supports muscle health and satiety.
- **Gut-Healthy Fiber** – Aids digestion and promotes heart health.
- **Brain-Boosting MCT Oil** – Enhances focus and provides lasting energy.
- **Diverse Flavor Selection** – Available in **Decadent Dark Chocolate Peanut Butter, Blueberry Burst, and Blondie Coffee** to suit various tastes.
- **Commitment to Transparency** – Crafted for those who value clean-label, honest nutrition.

## Past Performance

- Retailers include high schools, universities, local coffee shops, local grocery/food stores, local pharmacies, gyms, hotels, and more
- Cathedral Prep, Erie, PA
- Gannon University, Erie, PA
- Penn State University - The Behrend College, Erie, PA
- Lucky Bean Coffee, Erie, PA
- Erie Foods Co-op, Erie, PA

## Differentiators

- Created by a Registered Dietitian Nutritionist, ensuring a science-backed approach to balanced nutrition.
- Designed for men, women (16-65), and children, offering a clean, additive-free snack made with transparent, real nutrient-dense ingredients.
- As health concerns rise in the U.S., the need for accessible, nutritious food is stronger than ever. Be Free Bar is proud to be part of this movement, delivering real food in a convenient package.

## Company Data

Delivering Protein Snack Bars throughout the United States

CAGE Code **9YFM0** UEI **GF4QYLQY8SK4**

Primary NAICS Codes **722515, 311919, 311812, 311991, 311999**

PFC/FSC **8940**

PA Vendor number/Vendor ID **563827**

[BefreeBar.com](https://www.BefreeBar.com)

[eatreal@befreebar.com](mailto:eatreal@befreebar.com)

**Be Free to Eat Real!**