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BEFREEBAR.COM

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**WOMAN OWNED BUSINESS**

**BLUEBERRY BURST 18% FIBER - A GOOD SOURCE OF FIBER!\***

MANUFACTURED BY YOUBAR  
597 MONTEREY PASS RD.  
MONTEREY PARK, CA 91754

**NO ARTIFICIAL SWEETENERS. NO SUGAR ALCOHOL. NO GUMS OR EMULSIFIERS.**

# BE FREE BAR™

**BE FREE TO EAT REAL™ PROTEIN SNACK BAR**

PLANT BASED | NO DAIRY | GLUTEN FREE

**5g FIBER\***  
PER BAR



**NET WT. 1.59oz (45g)**

\*SEE NUTRITION FACTS PANEL FOR FAT CONTENT

## BLUEBERRY BURST

**FOR OPTIMAL FRESHNESS, ENJOY OUR BARS SOON AFTER PURCHASING!**

@BEFREEBARS



### Nutrition Facts

1 Serving Per Container  
Serving size 1 Bar (45g)

Amount Per Serving  
**Calories 210**

Amount Per Serving	% Daily Value*
<b>Total Fat</b> 12g	<b>15%</b>
Saturated Fat 3.5g	18%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 80mg	<b>3%</b>
<b>Vitamin D</b> 0.2mcg	<b>2%</b>
<b>Calcium</b> 80mg	<b>6%</b>

Amount Per Serving	% Daily Value*
<b>Total Carbohydrate</b> 21g	<b>8%</b>
Dietary Fiber 5g	18%
Total Sugars 13g	
Includes 9g Added Sugars	18%
Sugar Alcohol 0g	
<b>Protein</b> 6g	
<b>Iron</b> 1.4mg	<b>8%</b>
<b>Potassium</b> 210mg	<b>4%</b>

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** CASHEW BUTTER, ALMOND PROTEIN POWDER, SWEETENED BLUEBERRIES (BLUEBERRIES, SUGAR, SUNFLOWER OIL), HONEY, ALMOND FLOUR, CHICORY ROOT FIBER, COCOA BUTTER, ORGANIC OAT FLOUR, MCT OIL (FROM COCONUT), SEA SALT.

**CONTAINS: TREE NUTS (ALMONDS, CASHEWS, COCONUTS). MAY CONTAIN TRACES OF: PEANUTS, EGGS, SOY, MILK, WHEAT, SESAME AND OTHER TREE NUTS.**

**STORE IN A COOL, DRY PLACE. PROTECT FROM HEAT, LIGHT, AND MOISTURE. DO NOT PURCHASE IF SEAL IS BROKEN.**

MAY CONTAIN SHELL AND/OR PIT FRAGMENTS.