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BEFREEBAR.COM

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WOMAN OWNED BUSINESS

BLONDIE COFFEE 21% FIBER - AN EXCELLENT SOURCE OF FIBER!*

MANUFACTURED BY YOUBAR
597 MONTEREY PASS RD.
MONTEREY PARK, CA 91754

NO ARTIFICIAL SWEETENERS. NO SUGAR ALCOHOLS. NO GUMS OR EMULSIFIERS.

BE FREE BAR™

BE FREE TO EAT REAL™ PROTEIN SNACK BAR

6g FIBER* / **23mg CAFFEINE**
PER BAR

PLANT BASED / NO DAIRY / GLUTEN FREE



NET WT. 1.59oz (45g)

*SEE NUTRITION FACTS PANEL FOR FAT CONTENT

BLONDIE COFFEE

FOR OPTIMAL FRESHNESS, ENJOY
OUR BARS SOON AFTER PURCHASING!

@BEFREEBARS   

Nutrition Facts

1 Serving Per Container
Serving size 1 Bar (45g)

Amount Per Serving
Calories 220

Amount Per Serving	% Daily Value*
Total Fat 15g	19%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 90mg	4%

Vitamin D 0.2mcg 2% • Calcium 70mg 6% • Iron 1.8mg 10% • Potassium 270mg 6%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Amount Per Serving	% Daily Value*
Total Carbohydrate 18g	7%
Dietary Fiber 6g	21%
Total Sugars 8g	
Includes 6g Added Sugars	12%
Sugar Alcohol 0g	

Protein 7g

INGREDIENTS: CASHEW BUTTER, ALMOND PROTEIN POWDER, HONEY, ALMOND FLOUR, CHICORY ROOT FIBER, UNSWEETENED CHOCOLATE CHIPS, COCOA BUTTER, COFFEE, MCT OIL (FROM COCONUT), SEA SALT.

CONTAINS: TREE NUTS (ALMONDS, CASHEWS, COCONUTS). MAY CONTAIN TRACES OF: PEANUTS, EGGS, SOY, MILK, WHEAT, SESAME, AND OTHER TREE NUTS.

STORE IN A COOL, DRY PLACE. PROTECT FROM HEAT, LIGHT, AND MOISTURE. DO NOT PURCHASE IF SEAL IS BROKEN.

MAY CONTAIN SHELL AND/OR PIT FRAGMENTS.